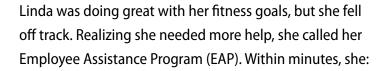
problem

solved

Already blew the New Year's resolution.

One phone call made the difference.



- Discussed her concerns with an EAP consultant and made an action plan to get back on track
- Learned the Healthy Rewards®* program offered fitness membership discounts
- Received information on ways to simplify her lifestyle and de-clutter her mind
- Learned tips for improving self-esteem and emotional well-being on www.cignabehavioral.com

Call your confidential EAP any day, any time, for free assistance with information, resources or a referral to help resolve your concerns.

1.800.000.0000 **ABC Company**



Healthy Rewards * is a discount program. Some Healthy Rewards programs are not available in all states. A discount program is NOT insurance, and the member must pay the entire discounted charge.

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